

welcome to melbourne collagen foundation

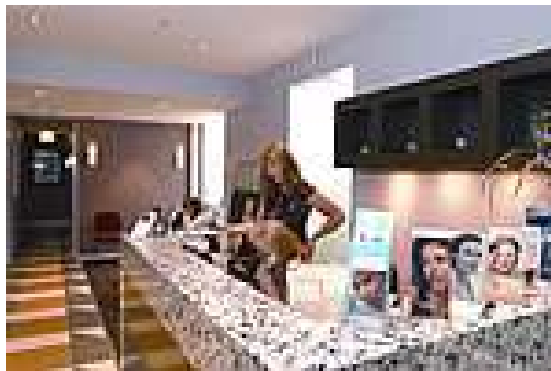
mcf was established in 1990 with the intent of focusing on the latest cosmetic procedures for all skin concerns. This is achieved by Dr. Peter Bartnicki (Cosmetic Physician) and his consultants, keeping up to date with the latest procedures, products and anti-ageing treatments. Dr Bartnicki has been in the Cosmetic field for over 15 years and is dedicated to bringing new techniques and procedures to his patients.

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Fat and cellulite treatments

Lumicell

With the cellulite treatment program, you can achieve a slimmer, trimmer figure, with an improvement to "orange peel" skin. Cellulite treatments have been used in Europe for years. Now this exciting procedure is helping men and women in Australia experience remarkable results in the actual reduction in the appearance of cellulite, a marked improvement in skin tone, and a decrease in the volume of their figure.

How are cellulite treatments different from Liposuction?

The cellulite treatment program is a safe, non-surgical, comprehensive approach to body contouring. It embraces the physical and aesthetic needs of your whole body.

How soon will I see results?

Usually patients notice changes within 7 or 8 sessions. However, 14 is the average number of treatments recommended for maximum results.

How many cellulite treatments can I have in one week?

For optimum results we recommend one or two treatments per week.

How long does each session last?

Treatment sessions last about 20 minutes. We focus on your problem areas, but time is given to other areas to stimulate circulation and fatty acid elimination.

Who are the best candidates for cellulite treatments?

The best candidates for the cellulite treatment program are men and women who are:

- In good health.
- have good skin tone.
- have realistic expectations.

The unique, whole body approach stimulates your body to reduce the appearance of cellulite while reshaping your figure. It is the ultimate advancement in body contouring and skin conditioning. This reshaping technique efficiently produces results using a refreshing, non-surgical procedure applied through a course of weekly sessions.

What results can I expect?

You will most likely notice an improvement in your skin tone. The appearance of stretch marks and loose skin may be improved. Many patients report that they are able to lose weight more easily while in treatment.

Do cellulite treatments replace diet and exercise?

No. It is highly recommended that you add diet and exercise to your daily routine while you are undergoing cellulite treatments. For most patients this improves results.

thighs & tummy



before



after

buttocks cellulite



before



after

stomach



before



after

Mesotherapy

Are you bothered by pockets of unwanted fat?

Diet and exercise can help many areas of the body, but there are always some areas that just don't seem to respond. Those fatty deposits in the cheeks, chin, jaw line, neck, "love handles", and even the hips, under the arms and cellulite are the most difficult to remove. Now, Mesotherapy can provide you with a solution.

What is Mesotherapy?

Mesotherapy has been used in Europe since 1952 when it was invented by the French physician Dr. Michel Pistor for pain management. It is the injection of a mixture of FDA approved medications, vitamins and minerals into the mesoderm, the layer of fat and connective tissue just under your skin. This mixture may differ depending on the condition and area being treated. Mesotherapy has a number of medical applications that include weight loss, spot body contouring, face and neck rejuvenation, and cellulite reduction.

How does Mesotherapy work?

The mixture of medications used in Mesotherapy dissolves the fat beneath the skin and shrinks the deeper fat cells. Once the fat has been dissolved, it is absorbed into the bloodstream where it is carried away and removed from the body through the kidneys. The formula of medications is used to treat cellulite, destroy the connective tissues that cause the dimpling effect and dissolve fat cells that are trapped. This results in a smooth, dimple-free appearance.

The Procedure

Mesotherapy is performed to actually melt away unwanted localized deposits of fat from your body. During the procedure your doctor uses a very tiny needle (about the size of an eyelash) to painlessly inject the medications into the targeted area. For overall weight loss your doctor may inject larger areas to cause a general reduction of the fat over your body. When treating cellulite, one formulation of medications may be used to dissolve the fat and another to destroy the fibrous bands that bind the skin. In some cases, a special injection device may be used to deliver the injections. Treatment averages approximately 4-8 sessions, spaced 2 weeks apart. Patients say the treatment is like a pinch or bee sting.

Mesotherapy is custom-tailored for each individual. Unlike surgery, Mesotherapy is virtually painless, has no downtime, no heavy bandages, girdles or anaesthesia. Patients having Mesotherapy have no disruptions to their daily life.

What about side effects?

Side effects are limited because Mesotherapy is delivered directly to the target area. This reduces the possibility of drug interactions, and reduces the amount of medication required for each procedure. Since localized bruising is common, we suggest you discontinue blood thinners before your treatment. i.e. aspirin

How does Mesotherapy compare to Liposuction?

With Liposuction, the fat is surgically suctioned out of your body. With Mesotherapy, the fat is dissolved non-surgically and is performed in a series of sessions with no downtime. Afterwards, the results can be measured in inches as about half a kilo per week can be melted away. Many patients can lose as much as two dress sizes after only ten treatments.

How soon will I see results?

That depends on the area being treated. Some patients see results after one or two treatments, while others may require eight treatments before they are satisfied. Fat loss with Mesotherapy is a gradual process. The results are not immediate as with liposuction. Patients can maintain their results as long as they stay on a healthy diet and continue to exercise. Cellulite may require maintenance treatments every six months to a year.

Following Mesotherapy:

There may be bruising. Some patients elect to use arnica cream and warm baths to relieve this. You should drink plenty of water during your course of Mesotherapy. Eight glasses a day will help flush out the breakdown products of the tissue. Aspirin, ibuprofen, or other anti-inflammatory or arthritis drugs should be avoided to reduce bruising. Mesotherapy is designed for fat sculpting, not weight reduction. For true weight reduction and management you should be on a good diet and exercise program.