

## welcome to melbourne collagen foundation

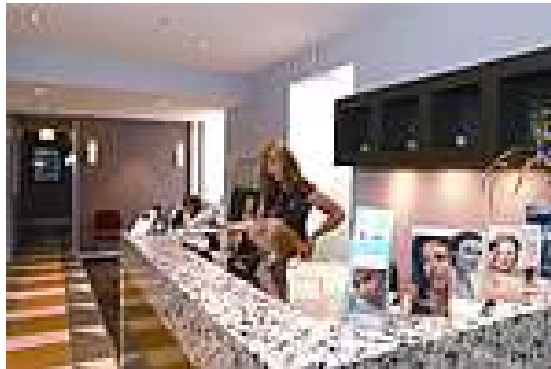
mcf was established in 1990 with the intent of focusing on the latest cosmetic procedures for all skin concerns. This is achieved by Dr. Peter Bartnicki (Cosmetic Physician) and his consultants, keeping up to date with the latest procedures, products and anti-ageing treatments. Dr Bartnicki has been in the Cosmetic field for over 15 years and is dedicated to bringing new techniques and procedures to his patients.

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## **IPL Treatments – skin rejuvenation and hair removal**

Restore your beautiful skin. Unightly birthmarks, spider veins on the face and legs, age spots, sun spots, freckles, and unsightly excess hair affect millions of people. While these may not be medical problems, many patients would like to be rid of these unattractive distractions. The advanced IPL technology allows you to safely, easily, and effectively treat many benign pigmented and vascular skin lesions painlessly.

### **What are vascular and pigmented lesions?**

Skin blemishes are due to abnormal blood vessels located directly under your skin's surface, giving the skin a red colour that is called a vascular lesion. Pigmented lesions are caused by a proliferation of melanocytes in the skin. Melanocytes contain the cells that manufacture melanin, which is the dark pigment in skin.

### **How do IPL treatments work?**

IPL treatments are performed with non-invasive intense pulsed light therapy to reduce melanin, the dark pigment in your skin. The light energy is gently delivered to your skin in pulses, through a delicate, computer-controlled handpiece. After your IPL treatment, the treated vein, lesion or hair will gradually fade and slowly disappear.

### **What conditions can IPL treat?**

- Hair Removal
- Freckles
- Age Spots (Lentigos)
- Sun Spots (Solar Lentigo)
- Cafe au Lait Macules (Birthmarks)
- Seborrheic Keratoses
- Hyperpigmentation
- Port Wine Stains
- Rosacea
- Spider Veins (Face and Legs)

### **Can IPL treatments remove unwanted hair?**

Yes. IPL treatments can remove unwanted hair from any part of your body. The pigment in your hair's follicle absorbs the light energy from the IPL. This destroys the follicle so that it cannot grow. However, your hair grows in cycles, and only the hair that is visible can be treated. As a result, multiple treatments will be required for optimal results. Patients love IPL treatments because once a follicle is destroyed; the hair will never grow again!

### **Are IPL treatments safe?**

Yes. IPL systems have been used successfully for hundreds of thousands of treatments. IPL allows your technician to customize each treatment to your specific skin type and condition being treated. This flexible, interactive approach to treatment cannot be reached using any other non-invasive treatment currently available. IPL treatments have been approved by the FDA for all treatments.

### **Do IPL treatments hurt?**

Some patients say they feel a slight sting, like the snap of a rubber band on the skin, followed by the feeling of sunburn. However, anaesthetic is not necessary.

There are several benefits to IPL treatments:

- Little if any pain
- No anaesthetic needed
- Little bruising or swelling
- No down time

### **How many treatments are required?**

Hair removal requires as little as 3 treatments however up to 8 may be required depending on response to the treatment, all treatments being one month apart. Spider veins on the face and age spots generally do well with 2 – 4 treatments, while darker or deeper birthmarks may require additional treatments. Port wine stains, hemangiomas and leg veins usually experience satisfactory results from IPL treatments, although as many as 4 – 8 treatment sessions may be required. Each session usually lasts 30 minutes. Treatments should be placed 4 weeks apart to allow your body to remove the maximum amount of pigment cells. You will continue to see a lightening of your lesion after each treatment as your body disposes of the pigment cells.

### **What results can you expect from IPL treatments?**

Most patients will see improvement. The improvement can be quite dramatic. However, as with any medical procedure, there is always a possibility that only minor changes will occur and in rare cases there is no response.

To find out if you could be a candidate for one of these procedures or to learn more about these procedures please discuss with our consultants.